



The 7 Mysteries of the Bread

1. When you break the bread you are breaking protocols.

1 Corinthians 11:23-26: ²³ For I received from the Lord that which I also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke it and said, "Take, eat;[a] this is My body which is broken[b] for you; do this in remembrance of Me." ²⁵ In the same manner He also took the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me." ²⁶ For as often as you eat this bread and drink this cup, you proclaim the Lord's death till He comes.

2. Longevity of life

John 3:16: ¹⁶ For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

3. Life of Achievements

2 Timothy 3:17: ¹⁷ that the man of God may be complete, thoroughly equipped for every good work.
Philippians 4:13 I can do all things through Christ[a] who strengthens me.

4. You will become like Jesus

Romans 8:29: ²⁹ For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren.

5. Pretenders/enemies will leave your life

Matthew 21:12 ¹² Then Jesus went into the temple of God[a] and drove out all those who bought and sold in the temple, and overturned the tables of the money changers and the seats of those who sold doves.

6. Your life will be complete

Exodus 23:25-26: ²⁵ "So you shall serve the LORD your God, and He will bless your bread and your water. And I will take sickness away from the midst of you. ²⁶ No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days.

John 6:50: ⁵⁰ This is the bread which comes down from heaven, that one may eat of it and not die



7. You will be relevant

John 6:51: ⁵¹ I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world.”

The 7 Mysteries of the Blood

1. The blood does not work until it comes in contact with an object.

Exodus 12:13: ¹³ Now the blood shall be a sign for you on the houses where you are. And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt.

2. The blood brings restoration

Matthew 27:50-53 ⁵⁰ And Jesus cried out again with a loud voice, and yielded up His spirit. ⁵¹ Then, behold, the veil of the temple was torn in two from top to bottom; and the earth quaked, and the rocks were split, ⁵² and the graves were opened; and many bodies of the saints who had fallen asleep were raised; ⁵³ and coming out of the graves after His resurrection, they went into the holy city and appeared to many.

3. The blood gives you spiritual authority

Genesis 49:8-11 ⁸ “Judah, you are he whom your brothers shall praise; Your hand shall be on the neck of your enemies; Your father’s children shall bow down before you. ⁹ Judah is a lion’s whelp; From the prey, my son, you have gone up. He bows down, he lies down as a lion; And as a lion, who shall rouse him? ¹⁰ The scepter shall not depart from Judah, Nor a lawgiver from between his feet, Until Shiloh comes; And to Him shall be the obedience of the people. ¹¹ Binding his donkey to the vine, And his donkey’s colt to the choice vine, He washed his garments in wine, And his clothes in the blood of grapes.

4. The blood makes you an overcomer

Revelation 12:11 ¹¹ And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.



5. The blood stops every destruction

Exodus 4:24-26 ²⁴ And it came to pass on the way, at the encampment, that the LORD met him and sought to kill him. ²⁵ Then Zipporah took a sharp stone and cut off the foreskin of her son and cast it at Moses' [a] feet, and said, "Surely you are a husband of blood to me!" ²⁶ So He let him go. Then she said, "You are a husband of blood!"—because of the circumcision.

6. The blood brings supernatural healing

Isaiah 53:5 ⁵ But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

7. The blood gives you a life of testimonies

Psalms 119:46 ⁴⁶ I will speak of Your testimonies also before kings, And will not be ashamed.

Revelation 12:11 ¹¹ And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death